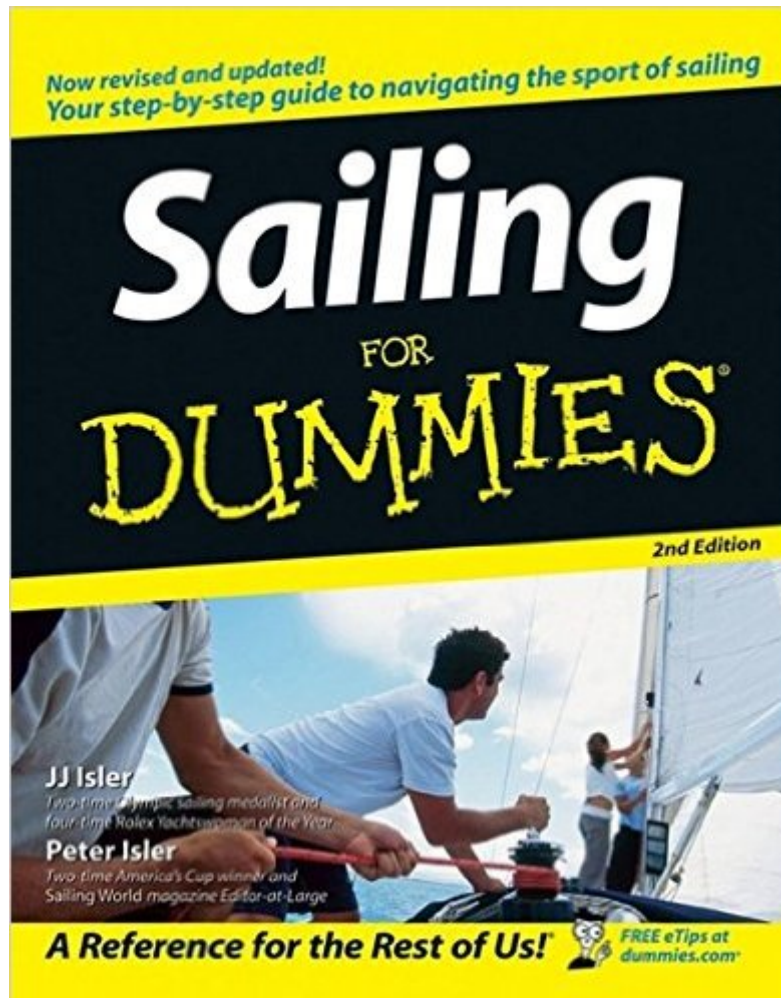


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# Sailing For Dummies



## Synopsis

Interested in learning to sail but feel like youâ™re navigating in murky waters? Sailing for Dummies, Second Edition introduces the basics of sailing, looks at the different types of sailboats and their basic parts, and teaches you everything you need to know before you leave the dock. In Sailing for Dummies, Second Edition, two U.S. sailing champions show you how to: Find and choose a sailing school Use life jackets correctly Tie ten nautical knots Handle sailing emergencies (such as capsizing and rescuing a man overboard) Launch your boat from a trailer, ramp, or beach Get your boat from point A to point B (and back again) Predict and respond to water and wind conditions Read charts, plot your course, use a compass, and find your position at sea Sailing for Dummies shows you that getting out on the water is easier than you think. The authors keep the sailor-speak to a minimum where possible, but give you a grasp of the terminology you need to safely and effectively communicate with your crew. A textbook, userâ™s manual, and reference all in one, this book takes the intimidation out of sailing and gives you the skills and confidence you need to get your feet wet and become the sailing pro youâ™ve always wanted to be. Anchors away!

## Book Information

Paperback: 432 pages

Publisher: For Dummies; 2 edition (June 6, 2006)

Language: English

ISBN-10: 0471791431

ISBN-13: 978-0471791430

Product Dimensions: 7.4 x 0.8 x 9.3 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (119 customer reviews)

Best Sellers Rank: #16,923 in Books (See Top 100 in Books) #6 inÂ Books > Sports & Outdoors > Outdoor Recreation > Sailing #34 inÂ Books > Sports & Outdoors > Water Sports

## Customer Reviews

This is a great book; well-written and informative, and I recommend it highly. Here is my "how I learned to sail" story: I accidentally ended up in possession of an O'Day Sprite (10 foot dinghy), but knew nothing about sailing. I put it at my buddy's house; he had a place on a lake, and he promised to teach me how to sail. One day, he walked in, tossed me a bag of parts, and said "Go rig your boat!" He came down with me and taught me equipment terminology, and showed me how to rig the

mast. We ended up replacing the mast stays, but everything else was okay. We got it rigged and got the sails on. He looked at the sails, then looked at the boat; then he said, "That's an awful lot of sail for that boat." He took it out for a quick spin to make sure everything was working, then he put me in the boat and had me try to sail it, while he shadowed me in the Whaler, shouting instructions. The one thing I learned that day was that accidental jibes can cause death rolls (I didn't actually "learn" it until later, but that's what happened). We ended up towing the Sprite back in with the Whaler, and that ended my first lesson. I went out and bought "Sailing for Dummies", spent a week reading and re-reading it from cover to cover, went back to the lake, and successfully sailed the boat for hours. I never did capsize it again, although I've had it darn near horizontal in a strong breeze. My friend likes to tell people he taught me how to sail; I always correct him and say he taught me how to capsize, which was just as valuable a lesson. I spent several summers sailing both the Sprite and my buddy's Hunter 170, then "graduated" to keelboats. He kept telling me that that the Sprite was the hardest boat I'd ever sail; bigger boats are easier.

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